1:Arensberg & Kimball E-5 (1932-1934) 1940
ER6 Rural Irish ER6
County Clare

Murphy and they tried to argue her out of it, but she said it was too far gone now and she was committed to marry him, so they hastily gave her their blessing. He lived in a big house up by C— and had sixty acres.

Well, he was a sort of uncouth kind of chap, rough, and she was what you might say anglified, or citified. She wanted to brighten up the house and make it nice and hang up curtains and that sort of thing. He thought the reins of the horse would do for the curtains and so on, and it came to a fight between them, a clash of wills, and in the end, as it must, the stronger one won out; that is, the man's. She got hysterical and he cast round for ways of getting rid of her, and he sent up to Ennistymon for the doctor to come down and examine her to commit her to the asylum. He didn't send her up to C— though that was nearer and in his district, but he sent up for Dr. MacNulty to Ennistymon, leaving Dr. Starr in C— so as to get someone who wouldn't know the case.

The married sister of the wife was staying in the house at the time and he was driving her home. He told her the doctor was coming, and she said, "You are doing wrong," and made him turn round and go back to the house where Dr. MacNulty was examining the hysterical woman. Then the married sister got her brother and father to take her back to D—. They came up with Father Brendan of Ennis here and took her away down to D—. After a time they got up a party and invited him down for a reconciliation.

After a while she went back to live with him. He started it again and got her hysterical and called in another doctor, who said that there was nothing wrong with the woman.

One night the three brothers of the girl and her father came up to the house and one went round to the back door and the others went in the front and they caught the fellow. They were going to force him to sign receipts for the money the daughter gave him. Country people demand receipts for money they give and they are right, but the girl hadn't liked to ask and hadn't got any, so her people were going to step in and get them themselves. Murphy had rifled her belongings and torn off his name from all the receipts he had sent her to England. They came in and said that he was lucky he was going to escape with his life. No one in their family had ever been in the asylum and no one belonging to them had ever been insane or robbers.

10: Browne D-5 (1893) 1894
ER6 Rural Irish ER6
Inishbofin

(K.) *Health.*—Taken as a whole, the people may be said to be a 164 healthy one. Serious diseases, apart from accidents incident to their callings, are but few in number; and the general physique of the people speaks to a healthy active life.

Consanguineous Unions.—A large proportion of the marriages come 582 under this heading, including not only those of persons within the 588 prohibited degrees, for which dispensations are obtained, but also those which take place between people who are related in some recognisable but hardly nameable degree. Cases of the first class, or those which require dispensations, are of frequent occurrence, but seldom or never take place between persons nearer of kin than third cousins. The other cases, of course, are the most common of all, as from the size of the population and its isolated position, every family must, after a few generations, become more or less related to every other. Marriages with strangers, though more numerous of late years, are not common. The uniformity of strain does not appear to have produced any effect except the great similarity of appearance already noticed (p. 322); no cases of malformation or congenital disease are ascribed to it.

Diseases.—For most of the following facts I am indebted to the 164 kindness of Dr. P. J. Hart, the medical officer of the islands, who, besides affording me much valuable information relative to the people and their ailments, the result of his long experience of them, kindly allowed me to look over his notes of cases. The main diseases may be classed as follows:—

Insanity.—There is at present no case of this among the natives of [158] the islands, nor has there been one since 1888 when a case which, however, was not of long duration, occurred in Inishshark.

Idiocy and Imbecility.—Properly speaking there is no idiocy; but 164 there are two cases in which the persons, though shrewd and sharp 732 enough about most of their own affairs, yet show signs of mental want in a sufficient degree to amount to slight imbecility.

Epilepsy is not common, but two cases are known in one of which the patient is subject to delusions, and always states, after a fit, that he has been with the fairies on the mainland. Of the other no information could be obtained except that the patient had had "fits."

Deaf-mutism has not been known for years on either island, but a case of temporary dumbness occurred on Inishshark in 1892.

Blindness is equally rare, there being but one case, a man over sixty years of age who acquired it late in life.

11: Browne D-5 (1894) 1895
ER6 Rural Irish ER6
Kilmore

It has been stated by one or two casual visitors that the natives of Inishkea were dwarfed and very degenerate, but this idea seems to have arisen from the islands having been visited at a time when most of the able-bodied men were away at the lobster-fishery, and only the immature, the old, and the ailing were at home. No man of less than 1640 m.m. (5 ft. 4½ in.) was met with on either island, and the men appear to be robust and athletic, while the women are, on the whole, good looking.

The people themselves do not seem to ascribe any ill effects to the close intermarriage. It is doubtful if these unions are proportionally more frequent in Inishkea than on the mainland.

Diseases.—The following account is believed to be correct, though, as before stated, there was much difficulty in obtaining accurate information on this subject. Actual figures are given wherever they could be obtained.

The principal diseases may be classed as follows :—

Insanity.—A considerable number of cases occur in Erris, mainly in the mountainous districts, comparatively few in the Mullet, and, all informants agreed in stating, that there have been none for many years from either north or south Inishkea.

The prevalence of insanity in the mountainous regions may probably be partly due to illicit distillation, and the influences of worse food and inferior dwellings compared to those of the people of the coast.

Idiocy and Imbecility.—Repeated inquiries failed to find more than two imbeciles, one on south Inishkea, and the other in Belmullet. Two members of the family in the south Inishkea case are lame; no history could be obtained relative to the parents.

Epilepsy is not very common, but several cases (number not ascertained) are known; none of these are in the islands.

Deaf-mutism.—There is one case of deaf-mutism in Belmullet. Parents were said not to be related. No cases in the peninsula or on the islands.

Blindness, except among the aged, is not common. A congenitally blind boy was drowned in the year 1893, trying to cross in a curragh from one of the islands to the mainland with a cargo of poteen.

Malformations seem to be rare, two cases of hare lip were the only ones seen, and the inquiry failed to find any more except the two cases of lameness mentioned above.

Fevers.—Enteric and typhus are both common, cases of the latter being of frequent occurence. Measles and scarlet fever are not very often met with.

831 the world's societies. Sex never is discussed in the home when children
864 are about; only three mothers admitted giving advice, briefly and incompletely, to their daughters. We were told that boys are better advised than girls, but that the former learn about sex informally from older boys and men and from observing animals. Most respondents who were questioned about sexual instructions given to youths expressed the belief that "after marriage nature takes its course," thus negating the need for anxiety-creating and embarrassing personal confrontation of parents and
[163] offspring. We were unable to discover any cases of childlessness based on
[184] sexual ignorance of spouses, as reported from other regions of peasant
83 Ireland. Also, we were unable to discover knowledge of the sexual categories utilized by researchers in sex: insertion of tongue while kissing, male mouth on female breast, female hand on penis, cunnilingus, fellatio, femoral coitus, anal coitus, extramarital coitus, manifest homosexuality, sexual contact with animals, fetishism, and sado-masochistic behavior. Some of these activities may be practiced by particular individuals and couples; however, without a doubt they are deviant forms in Inis Beag, about which information is difficult to come by.

841 Menstruation and menopause arouse profound misgivings among
[886] women of the island, because few of them comprehend their physiological
[123] significance. My wife was called on to explain these processes more than any other phenomena related to sex. When they reach puberty, most girls are unprepared for the first menstrual flow and find the experience a traumatic one—especially when their mothers are unable to provide
828 a satisfactory explanation for it. And it is commonly believed that the
886 menopause can induce "madness"; in order to ward off this condition, some women have retired from life in their mid-forties and, in a few cases, have confined themselves to bed until death, years later. Others have so retired as a result of depressive and masochistic states. Yet the harbingers of "insanity" are simply the physical symptoms announcing the onset
• 158 of menopause. In Inis Beag, these include severe headaches, hot flashes,
828 faintness in crowds and enclosed places, and severe anxiety. Mental
[784] illness is also held to be inherited or caused by inbreeding (or by the Devil, by God punishing a sinner, or by malignant pagan beings) and stigmatizes the family of the afflicted. One old man came close to revealing what is probably the major cause of neuroses and psychoses in Ireland, when he explained the incarceration of an Inis Beag curate in a mental institution for clerics as caused by his constant association with
828 a pretty housekeeper, who "drove him mad from frustration." This elder advocated that only plain-appearing older women (who would not "gab"

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[155] bathing his chest in the mother's absence. (In this case, Oedipal and sexual attitudes probably were at work in tandem.)

• 158 It must be pointed out that nudity is also shunned for "health" reasons, for another obtrusive Inis Beag character trait is hypochondria. In some cases, however, it is hard to determine whether concern with modesty or health is dominant in a particular behavioral response. Fear of colds and influenza is foremost among health concerns; rheumatism and related muscular joint ailments, migraine headaches and other psychosomatic disorders, tooth decay, indigestion ("nervous stomach"), and hypermetropia are other widespread pathologies which cause worry among the folk—not to mention those of supernatural origin.

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[325] Secrecy surrounds the acts of urination and defecation. The evacuation of infants before siblings and strangers is discouraged, and animals that discharge in the house are driven out. Chickens that habitually "dirty" their nests while setting are soon killed and eaten.

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[273] Although some women drink spirits privately, they seldom do so at parties. In part this is because of the embarrassment involved in visiting the outside toilet with men in the "street" looking on.

[241] One of the most carefully guarded secrets of Inis Beag, unreported in the many works describing island culture, is the use of human manure mixed with sand as a fertilizer. We were on the island eight months before we discovered that compost is not "street drippings" and "scraw," but decomposed feces. With "turf" becoming more difficult to procure from the mainland, some islanders have taken to importing coal and processed peat and burning cattle dung. The dung is prepared for use in difficult-to-reach plots at the back of the island when tourists are few in number; it is burned covertly because of the overtones of sex and poverty. Another custom that my wife and I learned of late in our research, due to the secrecy surrounding it, concerns the thickening of wool; men are required to urinate in a container and tread the wool therein with their bare feet.

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[154] Other major manifestations of sexual repression in Inis Beag are the lack of a "dirty joke" tradition (at least as the term is understood by ethnologists and folklorists) and the style of dancing, which allows little bodily contact among participants. I have heard men use various verbal devices—innuendoes, puns, and asides—that they believed bore sexual connotations; relatively speaking, they were pallid. In the song that I composed, one line of a verse refers to an island bachelor arising late in the day after "dreaming perhaps of a beautiful mate"; this is

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